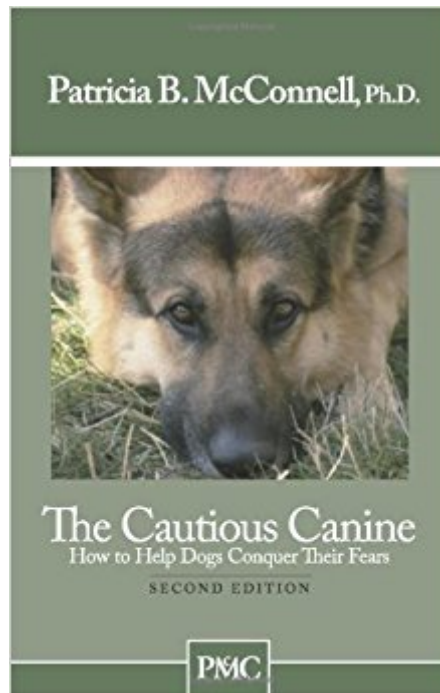


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# The Cautious Canine-How To Help Dogs Conquer Their Fears



## Synopsis

Many fear-based problems can be overcome by learning how to apply desensitization and counter conditioning. Whether fear of strangers, vacuums or objects, by identifying triggers and creating a step-by-step plan you will improve the quality of your dog's life-and yours.

## Book Information

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## Customer Reviews

"Cautious Canine is another marvelous booklet by Dr. McConnell. I love seeing my students dogs transformed after their owners start using Dr. McConnell's methods. In just a matter of weeks, I will see dogs that started out in class hiding under a chair barking at everyone who got close to them, to a dog who wants to greet everyone in class with a wagging tail." --Meredith Gage, owner Pawsitive Experience Dog Training and Consulting Bend, OR  
"This booklet saved my dog's life and secured his place in my heart and home forever" --Karen Vogt

Patricia McConnell, Ph.D., CAAB is an Ethologist and Certified Applied Animal Behaviorist who has consulted with cat and dog lovers for over twenty years. She combines a thorough understanding of the science of behavior with years of practical, applied experience. Her nationally syndicated radio show, *Calling All Pets*, played in over 110 cities for fourteen years. She is the behavior columnist for *The Bark* magazine (the New Yorker of Dog Magazines) and a Consulting Editor for the *Journal of Comparative Psychology*. She is Adjunct Associate Professor in Zoology at the University of Wisconsin-Madison, teaching "The Biology and Philosophy of Human/Animal Relationships." Dr. McConnell is a much sought after speaker and seminar presenter, speaking to training organizations, veterinary conferences, academic meetings and animal shelters around the world

about dog and cat behavior, and on science-based and humane solutions to serious behavioral problems. She is the author of ten books on training and behavioral problems, as well as the critically acclaimed books *The Other End of the Leash: Why We Do What We Do Around Dogs*, *For the Love of a Dog: Understanding Emotion in You and Your Best Friend* and *Tales of Two Species*.

Patricia McConnell is my go-to expert on dog behavior. She explains dog's, their thought process, how they learn, and how you can help them learn in an easy to understand and follow manner. Just be aware, this a smaller booklet and not a full sized book, it is worth every penny!

This concise book is invaluable for people who have cautious, fearful or shy dogs. It is also helpful if you often encounter dogs like this type of dog--in rescue work, shelters, dog parks, etc. I have a dog who was rescued from a hoarding situation; unfortunately, she was not well-socialized with people for the first 1.5 years of her life. This book has helped me understand how to approach her fears. When I adopted her, she was fearful of stairs, doors, wood floors and people. Now she has no fear around my house. She is still shy with people, but she is much better and now I know how to help her keep building her confidence. I am so glad I got this book.

I recently acquired a 2 year old female Great Dane rescue. Unfortunately she was not socialized as a puppy and is moderately fear aggressive with strangers and other dogs. For the past 2 months we've been avoiding all contact with strangers and other dogs but I became determined to try my best to improve our situation. This book was very straightforward and easy to read. The author did a good job of making the owner feel like there is hope for changing your dogs behavior. It was much shorter than I expected but the information was to the point and didn't need lengthy explanations. I will supplement other reads with this one.

The cover photo looks just like my dog, how could I not buy it? Great 'cliff notes' for someone just learning about canine behavior and/or canine anxiety. I gave it to a friend because I already knew most of the info in it. Anything by Patricia McConnell is worth buying... and saving in you bookcase, you will reference them time and time again.

If you have a fearful dog, this is helpful, but it is geared more toward fear aggression, which I have no issue with. It did help me though, as my girl is a rescue from a hoarder and had zero human socialization before I got her (and was pretty much terrified). Short and to the point.

Good book, short but gives you the information you need to work with shy dogs. I have two extremely shy dogs and this gave me additional insight to work with them.

Shorter than some of her other books which I also loved. This one I think is the best. We have 3 adults in our house with 1 anxious fearful dog who becomes aggressive when he's overwhelmed. I think the method laid out in this booklet is very clear and focused as compared with some of the other books. I am hoping my 2 housemates will also take the time to read the booklet so we can all practice with the dog

This is about a 30 pg "book". The information is very straightforward. Very basic, but I'm sure if you follow the protocol you would probably be successful. Guess I was looking for a quick solution that likely doesn't exist. Lol. All in all good information.

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